

<b>Responsorial Psalm Response</b> The hand of the Lord feeds us; he answers all our needs.		<b>Gospel Acclamation</b> <b>Alleluia, alleluia!</b> A great prophet has appeared among us; God has visited his people. <b>Alleluia!</b>				
<b>WEEKEND MASSES</b>						
<b>Epping</b>	<b>5pm Vigil, 8:30am, 10:15am, 6:00pm</b>					
<b>Carlingford</b>	<b>6:00pm Vigil, 7:45am, 9:30am</b>					
<b>WEEKDAY MASSES</b>	<b>Mon.</b>	<b>Tues.</b>	<b>Wed.</b>	<b>Thur</b>	<b>Fri</b>	<b>Sat.</b>
<b>EPPING</b>	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am
<b>CARLINGFORD</b>	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass
<b>HEALING MASS</b>	<b>Carlingford</b> —1st Thursday, <b>Epping</b> — 3rd Wednesday					
<b>EXPOSITION OF THE EUCHARIST: Epping</b> Saturday 9:45-10:15am, <b>Carlingford</b> , 4th Thursday 10:00am						
<b>SACRAMENT OF RECONCILIATION: Epping</b> Saturday 9:45-10:15am <b>Carlingford</b> Saturday 5:00—5:30pm <b>OR BY APPOINTMENT</b>						
<b>BAPTISMS AND WEDDINGS BY APPOINTMENT</b>						
<b>PARISH OFFICE:</b> 29 Oxford Street, Epping NSW 2121 <b>PH:</b> 9876 2853 <b>Email:</b> parish@eppcarl.org.au						
<b>ST GERARD MAJELLA PRIMARY SCHOOL:</b> <b>PH:</b> 9871 1633 <b>Email:</b> sgc@dbb.catholic.edu.au						
<b>OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL:</b> <b>PH:</b> 9868 3322 <b>Email:</b> olhc@dbb.catholic.edu.au						

**Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:**  
**Recently deceased:** Gan Chin Joo (father of Lynn Siau), Thomas McEneaney, Sheila Lansom, Lawrence O'Donnell (father of Marilyn Sharp), Gerald Viset, Clara Suh, Mary Margaret Smith, Brendan Flanagan, Betty Pearson, Vincent Kertapati, Veronica Ann Gracie, Gilbert Connor, Barbara McCaule (UK), Patricia Amy (sister of Margaret Coonan), Fr Paul Ryan.

**Anniversaries:** Bill Kilby,

**Please pray for those who are sick:** Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Amy, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Cooper Rundell, Anna & Leo Bruzze, Gerhard Stieger, Fred Saad, Ron Jenkins, Mike Van Werdt, Tammy Birch, Dorothea Ellis, Veronica Hartwich, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Greg Walsh, Marion Barton, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Pam Taig, Elaine Hunt, Arnold Day, Marcie Power, Maureen Carlon, Fr Adrian Borst, Ausustine Hong, Luba Charlton, Tony ?, George Khouri, Martin Sill, Antony Hogan, Ingrid Connor, Steve Toth, Rob Neil, Josie Scully, Martin & Gay Flood, William Jones, Kath McCarthy, Patricia Amy, Nicholas Rajanayagen, Maria Lee, Frank Holmes, Joyce Fewtrell, Patricia Muschalik.

*Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.*

Date	Mass	Epping	Mass	Carlingford
04/08/18	5:00pm	Fr Andrew Murray	6:00pm	Fr Peter Carroll MSC
05/08/18	8:30am	Fr Joey Frez	7:45am	Fr John Frauenfelder
05/08/18	10:15am	Fr Joey Frez	9:30am	Fr John Frauenfelder
05/08/18	6:00pm	Fr Joey Frez		

### July Safeguarding Message

"Recruitment and selection procedures for new employees and volunteers should clearly signal the organisations commitment to children safety." (Final Report, Royal Commission).

### TAX RECEIPTS 2017-2018

Tax Receipts are now available at the back of both Churches.

Receipts include amounts for Parish Contributions, CWF Appeal and Project Compassion (non-credit card) donations.

Anyone not in the Parish Giving Programme, and requested a receipt for donations to CWF and/or Project Compassion, please visit the Parish Office to collect their receipt,

## The Catholic Parish of Epping and Carlingford Diocese of Broken Bay

### Our Lady Help of Christians' Church

31 Oxford Street, Epping and

### St Gerard Majella Church

543 North Rocks Road, Carlingford

**Parish Priest: Fr Peter Dowd,**

**Ph.:** 9876 2853

**Email:** peter@eppcarl.org.au

**Assistant Priest: Fr Joey Frez**

**Ph.:** 9872 3400

**Email:** joseph@eppcarl.org.au

**Email:** parish@eppcarl.org.au

**Parish Website:** www.eppcarl.org.au

**Parish Office:** 9876 2853

**Welcome to our Parish of Epping and Carlingford** consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

### YEAR B

### SEVENTEENTH SUNDAY IN ORDINARY TIME

29-07-18

**Kings 4:42-44**

**Ephesians 4:1-6**

**John 6:1-15**

Dear Parishioners,

What a wonderful and blessed two weeks we have experienced while hosting the Year of Youth Pilgrim Cross! Our celebrations came to an end with an Evening Prayer Service last Friday night followed by a Thank you and Debrief Supper for all those who assisted throughout the fortnight.

Over the two-week period, we held twelve celebrations and it was great to see so many people in attendance. Each of the celebrations enabled us to come together to worship God in many and various forms of worship, as well as to take time to contemplate, reflect and experience how we are able to live our life as a Catholic community.

One of the highlights occurred last Saturday when 100 parishioners joined the procession of the Pilgrim Cross as it travelled from St Gerard's to Our Lady Help of Christians Church with at least 60 people walking along the whole distance (4.8km).

The Pilgrim Cross has now moved to the Parish of St Agatha's, Pennant Hills. Thank you to everyone for your prayers, support and to everyone who assisted with the celebrations.

In particular, a really big "thank you" to Fr Joey, Kevin Macdonald and Joanna Mac for leading the organisation of the last two weeks with such expertise and enthusiasm!

Finally, from Monday I will be taking three weeks of annual leave. During this time Fr Joey will be looking after matters which normally would come to me.

As I won't be looking at parish emails over these weeks please direct any enquiries to Fr Joey or to Maree or Dennis at the parish office.

Fr Peter

### Parish Youth Forum

Following the Year of Youth Pilgrim Cross Celebrations, we will be holding a Parish Youth Forum as part of the Year of Youth celebrations. The Forum, in which the Australian Catholic Bishops are inviting us to enter into a prayerful discernment about the important and life-giving presence of young people in the local Church and society, will be held on Sunday 9 September, after the 10:15am Mass at Epping in Our Lady Help of Christians parish hall. More details will be available in the coming weeks.



Top Left: Procession of the Cross From St Gerard's to OLHC Epping.

Top right: Youth Cross at St Gerard's Church.

Middle: Have a well earned rest during the procession to Epping.

Bottom left: Youth Cross at OLHC Epping.

### Working in a Child-related Ministry in the Catholic Diocese of Broken Bay

Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though exemptions may apply in some cases. The parish is the employer of the paid or volunteer worker and therefore required by law to verify the Working with Children Check number.

All paid or volunteer workers engaged in a child-related role must have a cleared Working with Children Check to work in a child-related ministry. Ministries within the parish that require a WWCC are: Adult Server, Sacristan, Catechist, Sacramental Coordinator, Children's Liturgy, Leader of Masses with Children, Leader of Choirs with Children (under 18 years).

If you have any further questions please contact the Parish Office on 9876 2853 or email parish@epccarl.org.au



Bishop Peter Comensoli's Farewell Mass held last Sunday 22nd July at OLOR Cathedral, Waitara



#### Our families thank you!

The August CWF Appeal focuses on two brave young families sharing their experience of the CatholicCare Hospital Chaplaincy and Pastoral Care Practitioner Program (one of the charities supported by the CWF) You can read more about their stories in the August edition of Broken Bay News.

The Charitable Works Fund is 100% tax deductible and 98.25cents of every dollar goes to the following five beneficiaries:

**CatholicCare Hospital Chaplaincy and Pastoral Care Practitioner Program** – where five Pastoral Care Practitioners reach over 3,000 patients, 700 families and over 180 hospital staff each year across seven hospitals in our Diocese.

**Confraternity of Christian Doctrine** – creating and updating the curriculum and training catechists who minister to public school students across the Diocese.

**St Lucy's School** – for primary school students with disabilities.

**St Edmund's School** – for secondary school students with disabilities.

**Ephpheta Centre** – serving the Catholic deaf community.

**We thank you for your generosity.**

A Reminder: If you or a loved one is admitted to hospital, please ensure that you write **Catholic** as your religion on admissions paperwork so that you can receive Catholic services during your stay.

#### Archbishop Peter A Comensoli's Installation in Melbourne - Live stream

The Liturgical Reception and Solemn Mass for the Ninth Archbishop of Melbourne will be live streamed on Wednesday 1 August 2018 at 7.00pm on the Archdiocese of Melbourne's website.

<https://www.cam.org.au/Live-Reception-Mass>

The video will also be available to watch on demand afterwards.

#### PLANNED GIVING

Your generosity in supporting the priests and good works of the Church is gratefully acknowledged. Each person's capacity to give is different and depends on individual circumstances and you are not expected to give anything more than reasonable. We would ask for your support in the Planned Giving Programme by either opting to give by weekly envelopes, monthly by credit card or monthly via your bank account (a form is provided to authorise a direct debit).

There are two collections taken up at Mass on a Sunday. These are the 1st Collection which supports the needs of priests of the parish; and the 2nd Collection which supports the running costs of the parish, things such as maintenance, insurance, wages and many other costs. The parish must work within its own budget and is unable to draw funds for expenses from any source other than its own parish income.

#### Have you considered a Bequest to your Parish?

Perhaps now is the time when you may like to consider commemorating your memory (or that of a loved one) by a gift to the Parish in your Will? We know that this is not a decision to be made lightly, but perhaps some prayerful reflection may lead you to determine if this is something that is appropriate for you. Please speak with Fr Peter.

#### GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
**Amen.**

#### AFTER HOURS SICK CALLS—9876 2853

Outside office hours both office phones divert to Fr Peter, Fr Anselm & Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, please restrict office and routine enquiries to office hours.

#### ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping, Baptist Church.

#### Marriage Enrichment Weekend :

Take the time to step back from everyday distractions and rediscover your relationship!

17<sup>th</sup> – 19<sup>th</sup> August at Mt Carmel Retreat Centre, Varroville, NSW Book online

at [www.wvme.org.au](http://www.wvme.org.au)

Alternatively contact Adrian and Janet Sullivan: on 0490 774 419 or [adrian.janet1@bigpond.com](mailto:adrian.janet1@bigpond.com) Worldwide Marriage Encounter.



**St Teresa's 'Way of Perfection'** is full of a rich and timeless wisdom that is still very relevant today as a guide in the spiritual life. Most Rev David L. Walker will lead us over two sessions in exploring the spirituality of this great Spanish 16<sup>th</sup> century Saint and Doctor of the Church.

**Presenter:** Most Rev David L. Walker, Bishop Emeritus, Diocese of Broken Bay

**Date:** Tuesdays 7 and 14 August 2018

**Time:** 7.00pm – 9.00pm

**Venue:** Caroline Chisholm Centre, Building 2, 423 Pennant Hills Rd, Pennant Hills

**RSVP:** By Friday 3 August

[faith.formation@bbcatholic.org.au](mailto:faith.formation@bbcatholic.org.au) or Pina Bernard 8379 1627

#### THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
**At the words that follow, up to and including 'and became man', all bow.**  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

#### ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital to please ensure that you write down your religion as Catholic on the admission form, so that you can

#### HAVE YOU TOLD US?

If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in May or June? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

**The Truth  
Justice and  
Healing Council**  
[www.thecouncil.org.au](http://www.thecouncil.org.au)  
Phone 6234 0900



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## Reflection on this Sunday's Gospel: The Call

If today has been "one of those days" for you, meaning stressful and tiring, maybe you could let the readings for Sunday bring you home for a while. Look especially at the Second Reading, taken from the letter to the Ephesians. It calls us to

- live with humility.

Humility means to accept all that you are and all you are not. Relax. You do not have to be God in order to be beloved. Lives that have a great need to be huge and greatly respected and listened to and in control are based on fear, not humility. Try to accept, gradually, the love God has for you, the love that makes you safe. You are who you are.

- live with gentleness

This can be a little more difficult. Commercials say that women have to be always beautiful or be rejected. They must be happy with their detergent, take care of others, be as strong as men, keep up the social calendar and have a full time job as well. These are some of the pressures advertising puts on women. Plus, they have to "matter," going on the largest march in the history of this country. Relax. God is the gentlest acceptor of all, milder than any product, milder than the air we breathe. Relax. You are enough. We are each loved by the infinitely gentle God.

As far as that goes, culture tells males that gentleness is just for women and children. Men used to be tough, all tough, and only tough. Relax. Yes, men's and women's bodies and minds have the capacity to be strong, but peace comes from balancing this nature with tenderness toward our mates, our families, our religious brothers and sisters, our elders, our friends.

- live with patience

Patience can be defined as "bearing pains or trials calmly or without complaint." This is a good enough definition, but did you know that the Latin origin of the word patience (patior) means "to allow, or to acquiesce"? We are to allow the gift of life in all its forms, not push it away because there is too much else to do. God gives us our selves one minute at a time, one hour after the other, not all at once. If you want to "have it all and have it now" you are going against your nature. Each moment, each flower, each step is precious if we take time to "let it be." Accept the gifts of the compassionate giver and let the clock have a rest.

- bear with one another through love

Think how wonderful it would be if someone were to bear with you, even when you mess up. You would not have to be anything but your own adequate self, loved by God, able to bear up under the surprisingly light burden of loving others.

- finally, it calls us "to preserve the unity of the spirit through the bond of peace"

One Lord,  
one faith,  
one Baptism,  
one God and Father of all,  
who is over all and through all and in all  
(Second Reading)

We are all to keep this Lord before our eyes. The God who gives lasting peace.

This is our hope. This is our call. This is the "barley loaf," the "one bread" we will receive in our very hands on Sunday (First Reading and Gospel).

One bread, one body, one Lord of all.

John Foley, SJ

*Fr. John Foley, SJ, is a composer and scholar at Saint Louis University.  
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Forgive me Lord, for having spoken so badly.  
Forgive me for having spoken often to no purpose;  
Forgive me for the days when I tarnished my lips with hollow words,  
false words,  
cowardly words,  
words through which you could not pass.  
Uphold me when I must speak in a meeting, intervene in a  
discussion, talk with a brother or sister.  
Grant above all, Lord, that my words may be like the sowing of seeds,  
and that those who hear them may look to a fine harvest.



## PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	29/07/18	9:30am	Kidz Word at St Gerard's
		10:15am	Kidz Word at Our Lady Help of Christians
		6:00pm	PMR Carlingford—Antioch Meeting
Mon	30/07/18	9:00pm	PH Epping Little Engines Playgroup
		9:30am	PH Carlingford Gerry's Playgroup
		9:30am	<b>Communion Service at St Gerard's Church</b>
		7:30pm	CH Carlingford Rosary Group
		7:30pm	PMR Carlingford SvDP meeting
Tue.	31/07/18	9:30am	PMR Carlingford—Facilitator's briefing for Confirmation
		12:15pm	<b>Mass at Our Lady Help of Christians Church</b>
		7:00pm	CH Carlingford Adult Choir practice
		7:30pm	PMR Carlingford Facilitator's briefing for Confirmation
		8:00pm	Divine Mercy Chaplet (see page 4)
Wed.	01/08/18	9:15am	<b>Communion Service at OLHC Epping</b>
		9:30am	<b>Mass at St Gerard's Church</b>
		10:15am	St Gerard's School—Kindergarten Liturgy
Thur.	02/08/18	10:00am	<b>PMR Carlingford Healing Mass followed by Morning tea.</b>
		12:15pm	<b>Mass at Our Lady Help of Christians</b>
		9:30am	<b>Mass at St Gerard's Church</b>
Fri.	03/08/18	10:00am	PMR Carlingford—Scripture Reflection
		10:10am	CH Carlingford—Reconciliation Yr. 6B
		12:15pm	<b>Mass at Our Lady Help of Christians Church</b>
		7:00pm	PH Carlingford—CANA Group
		7:30pm	PMR Carlingford—Dads' Group
Sat.	04/08/18	9:15am	<b>Mass at Our Lady Help of Christians Church</b>
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		2:30pm	PH Carlingford—Confirmation Session 1
		3:30pm	PMR Carlingford Chinese Family Group
		5:00pm	Vigil Mass at Our Lady Help of Christians
		5:00pm	CH Carlingford—Reconciliation
6:00pm	Vigil Mass at St Gerard's Church		

PH-Parish Hall, CH-Church, PMR-Parish Meeting Room,

## PARISH STAFF

**Parish Secretary:**  
**Dennis Porteous** Ph.: 9876 2853  
Email: dennis@eppcarl.org.au

**Asst. Parish Secretary**  
**Maree Balzulat** Ph.: 9876 2853  
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**Pastoral Care Assistant**  
**Maree Balzulat** Ph.: 9876 2853  
Email: maree@eppcarl.org.au

**Children's Sacramental Coordinator:**  
**Lynn Siau**  
Ph.: 0407 255 593  
Email: kids.sacrament@eppcarl.org.au

**Sacramental Programme Assistant**  
**Marcella Letteri**  
Ph.: 0407 255 593

**Cana Youth Group**  
**Ashleigh Belic**  
Ph.: 0430 120 015

## Solemnity of the Assumption of the Blessed Virgin Mary



**Wednesday 15<sup>th</sup> August** is the Solemnity of the Assumption of the Blessed Virgin Mary – a **holy day of obligation**  
Mass times are as follows:

**14th August**  
**7:00pm** Vigil Mass at St Gerard's

**15th August**  
**9:30am** Mass at St Gerard's Schools attending.  
**12:15pm** Mass Our Lady Help of Christians Schools attending.  
**7:30pm** Mass at Our Lady Help of Christians.



## ALPHA SESSIONS

Alpha continues on Thursday 2nd August with the session **"Why and How Should I Tell Others."**

Parish Meeting Room at Epping commencing at 9:15am

and  
Parish Meeting Room at Carlingford commencing at 7:00pm

For further information please contact the Parish Office on 9876 2853 or email maree@eppcarl.org.au

## "粵語啟發聚會 CANTONESE ALPHA"

In addition to the Alpha held by the Parish on Thursdays, The Happy Family Group of Carlingford has also organized a "Cantonese Alpha." Details are: Whole sessions will be spoken in Cantonese; Watch Alpha videos with Chinese subtitles;

Next meeting 4<sup>th</sup> August in the Carlingford Parish meeting room. Commencing at 7:15pm.

Catherine Wong Email: [happyfamily.2008@yahoo.com](mailto:happyfamily.2008@yahoo.com) or 0468 491 338



### Children's Sacramental Journey Confirmation 2018

At all our Masses this weekend, we welcome the children who will begin their preparations towards receiving the Sacrament of Confirmation. This Rite of Enrolment marks the beginning of a faith journey for the children together with their parents. During this Rite at all the Masses, the children will hand out a special 'Please Pray for Me' card to members of the parish. Should you have the honour of becoming a Prayer Companion to one of these children, please remember to keep these children and their parents in your prayers as they prepare to celebrate their Confirmation, for it is an opportunity for us to show these families that they are part of a larger faith community! The families will also be presented with their Confirmation Preparation Book during this Rite, which confirms their enrolment and commitment to this special journey.

The Group Facilitator Support and Briefing will be held on Tuesday, 31<sup>st</sup> July. All facilitators are required to attend **one** of the meetings:

- 9:30am to 10:30am in the Parish Meeting Room at St. Gerard's; or
- 7:30pm to 8:30pm in the Parish Meeting Room at St. Gerard's.

We always like to hear from you! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to drop us a line.

Lynn Siau -  
Children's Sacramental Co-ordinator  
0407 255 593  
[kids.sacrament@epccarl.org.au](mailto:kids.sacrament@epccarl.org.au)

### MONTHLY CHILDREN'S MASS AT CARLINGFORD



A reminder, that our monthly Children's Mass at St Gerard's Church Carlingford, will take place next **Sunday 5<sup>th</sup> August** at the 9:30am Mass.

If you would like your child/ren to be involved in one of the active roles at a future Children's Mass please speak to Lynn Siau at the Mass or after the Mass next weekend or email

[kids.sacrament@epccarl.org.au](mailto:kids.sacrament@epccarl.org.au)

### MONDAY NIGHT ROSARY ST GERARD'S, CARLINGFORD

Just a reminder that the Rosary is said at St Gerard's, Carlingford every Monday night at 7:30pm. For further information please call Ms Gallo 9872 5181.

### CATALYST FOR RENEWAL REFLECTION MORNING.

Our next reflection morning will be held on **Saturday 4th August** in the parish hall of Hunters Hill, corner of Gladesville Road and Mary Street. The morning will commence at 9:30am and conclude at 12:30pm. **Sister Virginia Bourke rsj** will lead our reflection, her theme: **John 14:5. "Make you Home in Me"**. No need to book. A donation is appreciated. Tea & Coffee provided. All are most welcome. A time to be still. 'Come and See'. Enquiries: Carole Wilson 9869 1036.

### CARLINGFORD HEALING MASS

Our monthly Healing Mass will take place **this Thursday, 2<sup>nd</sup> August** at **10:00am** (no 9:30am Mass that day). Please note the Mass will take place in Meeting Room, and morning tea will be served at the conclusion of Mass.



All are welcome to our monthly Healing Masses (on the 1<sup>st</sup> Thursday of the month at Carlingford and the 3<sup>rd</sup> Wednesday of the month at Epping) as a time to pray for God's healing strength either for ourselves or those we know. Each third month (Mar, Jun, Sep and Dec) we also celebrate the Sacrament of the Sick (Anointing) within these Masses.

### CHANGE OF DATE FOR EPPING HEALING MASS IN AUGUST

The Epping Healing Mass has had to be changed from Wednesday 15th August to the **Wednesday 22nd August**.

This is due to the Solemnity of The Assumption of the Blessed Virgin Mary falling on Wednesday 15th August.

**INFANTS LITURGY** There will be an Infants Liturgy at St Gerard's School, **this Wednesday, 1<sup>st</sup> August** at **10:15am**. All class families are welcome.

### THE PARISH PASTORAL COUNCIL MEETING

planned for the Wednesday 1st August is cancelled. The next meeting will take place on Wednesday 5th September.

**Divine Mercy Prayer Group** meets this **Tuesday, 31<sup>st</sup> July** at **8pm**. Come join us for an hour of reciting the Chaplet, praise and worship, reflection of a Scriptures verse, prayer for intentions and thanksgiving followed by some simple fellowship.

Venue changes monthly within the neighbourhoods, all are very welcome to attend, please call Cynthia for more info on 0404 488 238.

### REFLECTION ON NEXT SUNDAY'S SCRIPTURES



A reminder that our weekly time of reflection on the coming Sunday's Scriptures will take place this coming **Friday, 3<sup>rd</sup> August** at St Gerard's Carlingford and will commence immediately following the

9:30am Mass, in the Parish Meeting Room. All welcome!

**Dads' Club** The monthly gathering of the parish Dads' Club (for all dads in both the Epping and Carlingford communities of the parish) takes place this **Friday 3rd June** at **7:30pm** in the parish meeting room Carlingford. For details contact Tim Paxton 9945 0151. Dads welcome for a relaxing and enjoyable evening.

## Year of Youth 2018

### CANA YOUTH GROUP

If you're in **Years 7-9** come along for a night Jam-packed with **FUN & FAITH!** **EVERY FRIDAY** night of the **School Term, 7:30pm - 9pm. In the Parish Hall @ Carlingford**

It's a great place to catch up with old friends, and meet some new ones! Please remember that a small donation when you come to the meeting would really help out with the costs of the night. Thanks.

Ring Ashleigh for any further information  
**0430 120 015**



### BEYOND OUR PARISH

**Mt Carmel Retreat Centre- August retreats**  
**247 St Andrews Road, Varroville**  
02 8795 3400 [retreats@carmelite.com](mailto:retreats@carmelite.com)  
[www.carmelite-retreats.com.au](http://www.carmelite-retreats.com.au)

### Knowing peace beyond understanding

When: 4 Aug: 10:00 am - 4:00 pm. Presenter: Cathy Kennedy. Cost: \$30.00. Bring your own lunch. Pickups from Minto train station at 930am and 1000am. Discovering God in the unsettling mystery of life's surprises.

### Mothering with the God who loves us

When: 10 Aug 6:00 pm - 12 Aug : 1:30 pm. Mothering with the God who loves us. Presenters: Marilyn Rodrigues. Cost: \$250.00 (concessions apply) Whether your child is a baby or grown-up, be refreshed and reflect on the gifts and challenges of motherhood with Mary and her Carmelite saints.

### Putting Rungs on the Ladder -

**Tri-Diocese Social Justice Twilight Reflection Evening** Join Catholics from the Archdiocese of Sydney and the Dioceses of Parramatta and Broken Bay for a dinner event to celebrate our social justice work and reflect on the themes of this year's Social Justice Statement "Everyone's Business: Developing an inclusive and sustainable economy."

**Date:** Wednesday 22 August 2018

**Time:** 6:30pm - 8:30pm

**Venue:** Caroline Chisholm Centre, Building 2, 423 Pennant Hills Rd, Pennant Hills (vehicular entry via City View Road)

**RSVP:** By 10 August 2018

[faith.formation@bbcatholic.org.au](mailto:faith.formation@bbcatholic.org.au) Cristina Gomez 8379 1628

### THE JOURNEY CATHOLIC RADIO PROGRAM - AIRS 8

**August 2018** Just a reminder, that all Journey Catholic Radio information is always a week in advance this week on The Journey, our very own Pete Gilmore encourages us to "Ask the Right Questions". Bruce Downes, The Catholic Guy reminds us about "Honoring" and Marilyn Rodrigues, The peaceful Parent, talks about "Individual Time". We are so lucky and so grateful for the amazing Christian music that has been selected for this program. This is the Journey Catholic Radio, where faith, hope, love and life come together. Go to [WWW.jcr.org.au](http://WWW.jcr.org.au) or [www.itunes.jcr.org.au](http://www.itunes.jcr.org.au) where you can listen anytime and subscribe to weekly shows by email.

### OUR PARISH ANTIOCH COMMUNITY:

**This Sunday 29th July**

Why not Come along to the Antioch meeting to hear a great talk, join in discussion time, get into some awesome music, take time out for prayer and meet heaps of great young people from our parish!

The meeting starts at 6pm. In the Parish meeting room @ Carlingford

So head on down and bring a friend.

**ALL VERY WELCOME!!**

For further information contact

Donna—0498 935 580

Joanna—0416 030 927



"It was at Antioch that the believers were first called Christians."

~Acts 11:26

### Celebrating Disciples of All Nations - 18th August 2018

To mark the 104<sup>th</sup> World Day of Refugees and Migrants, a Diocesan event "Celebrating Disciples of All Nations" will be held at the Cathedral / The Light of Christ Centre, 23 Yardley Ave Wai-tara, on Saturday 18 August 2018. We welcome Most Rev Vincent Long, Bishop of Parramatta, who will be joining us for the afternoon as we celebrate our multicultural Christian community. The afternoon includes:

- 1:00pm - 3:00pm A showcase of international food and live entertainment at the Light of Christ Centre (*gold coin donation on arrival to be donated to charity*)
- 3:00pm - 4:30pm An expert Panel Discussion on the theme "Welcoming, Protecting, Promoting, and Integrating Migrants and Refugees". Includes a personal address by Most Rev Vincent Long.
- 5:00pm - 6:00pm Mass at the Cathedral, celebrating the richness of gifts that each in our faith community brings. Be part of this inaugural diocesan multicultural event. To register, or for more information please email [faith.formation@bbcatholic.org.au](mailto:faith.formation@bbcatholic.org.au) or contact Cristina Gomez on 8379 1628.

### Daffodil Day Service 2018

West Epping Uniting Church will hold a service for those who have experienced cancer themselves or in a loved one.

Our Guest Speaker: Lyn Graham

**When:** Friday 24 August

**Time:** 10:00am

Morning will follow the service. All Welcome!

### Association of the Miraculous Medal:

Mass with Novena will be celebrated in St. Anthony's Church, Marsfield, on Saturday 4th August, 2018 at 10.00 a.m. All welcome.